NEUROPROTECTION AND CAROTID INTERVENTION CURRENT RECOMMANDATIONS

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AMERICAN REGISTRIES, RANDOMIZED STUDIES FOR HIGH RISK OR STANDARD RISK PATIENTS (CREST.....) HAVE SHOWN THAT :

CAS IS NOT INFERIOR TO SURGERY AND GIVE GOOD IMMEDIATE AND LONG TERM RESULTS SIMILAR TO SURGERY

BUT BRAIN EMBOLIC EVENTS ,NEUROLOGICAL COMPLICATIONS REMAIN THE MAJOR DRAWBACK

WE HAVE TO REDUCE THE NEUROLOGICAL COMPLICATIONS WITH A BETTER NEUROPROTECTION HOW TO DO ?

GOOD PT AND LESION SELECTION: MEDICAL / ANATOMICAL RISKS

CORRECT TECHNIQUE : APPROACH WAYS / TECHNICAL POINTS

EPDs : MANDATORY FOR ALL CAS

STENTS

PHARMALOGICAL NEUROPROTECTION

TEAM EXPERIENCE

GOOD PT AND LESION SELECTION

MEDICAL RISKS

CAS INDICATIONS

PATIENTS TO AVOID OR TREAT W/ CAUTION

PTS WITH HIGH CARDIAC RISKS

CORONARY DISEASES CARDIAC INSUFFICIENCY UNCONTROLLED HYPERTENSION PTS WITH NEUROLOGICAL RISKS

CAREFUL MONITORING

CRESCENDO T.I.A. STROKE IN EVOLUTION CONTRALATERAL ISCHEMIC SYMPTOMS SYMPTOMATIC PTS

- **PTS WITH RENAL INSUFFICIENCY**
- **DIABETICS** 75 Y.
- OCTOGENARIANS

PTS WITH POOR CEREBRAL RESERVE

GOOD PT AND LESION SELECTION

ANATOMICAL RISKS

CAS INDICATIONS LESIONS TO AVOID OR TREAT W/ CAUTION

HEAVY CIRCUMFERENTIAL CALCIUM MOBILE THROMBUS STRING SIGN







TOTAL OCCLUSIONS
LONG LESIONS
SHARP « ENTRY » OR « EXIT » ANGLES

C.A.S.

HIGH RISK AORTIC ARCH

HIGH RISK OF BRAIN EMBOLISM



. DIFFUSELY DISEASED ATHEROMATOUS AORTIC ARCH .TYPE III AORTIC ARCH . TORTUOSITIES . SEVERE CALCIFICATIONS



AORTIC ARCH IS A SUBSTANTIAL SOURCE OF EMBOLI

AORTIC ARCH HAS ITS OWN SET OF EMBOLIC POTENTIAL

AVOID EXCESSIVE CATHETER MANIPULATION IN ARCH

BETTER TO QUIT

CORRECT TECHNIQUE

CORONARY TECHNIQUECHOOSE CAREFULLY

GUIDE WIRES 0.014, 0.018, 0.035 AMPLATZ, HYDROPHYLIC

CATHETERS

(VITEK, RIGHT JUDKINS, SIMMONS.....)

6-8 F SHEATH OR GUIDING CATHETER

 MONORAIL SYSTEM
 0,014 " SYSTEM - STENT / EMBOLIC PROTECTION DEVICE
 KEEP PROCEDURE TIME SHORT





CORRECT TECHNIQUE

APPROACH WAYS

40% OF ALL STOKES ARE RELATED TO ACCESS SITE

C.A.S. VASCULAR ACCESS

FEMORAL MOST OF THE TIME

DIFFICULT ANATOMY

SELECT OTHER APPROACH WAY
BRACHIAL / RADIAL
DIRECT PUNCTURE

BOVINE ARCH
TYPE III / HIGH RISK AORTIC ARCH (SEVERE ATHEROMATOUS LESIONS)

FOR FILTERS OR OCCLUSION BALLOON



DIRECT CAROTID ACCESS BY MINI SURGICAL INCISION IN HIGH RISK PTS FOR BOTH TRANSFEMORAL CAS AND CEA WITH CRITICAL LESIONS

NEUROPROTECTION AND CAROTID INTERVENTION DIFFICULT ANATOMY

TRANSCAROTID STENTING

PROXIMAL EPD COMBINED WITH DIRECT CAR. ACCESS

. MICHI NEUROPROTECTION SYSTEM

. ENROUTE TRANSCAROTID NEUROPROTECTION SYSTEM



EPDs : MANDATORY FOR ALL CAS

C.A.S. UNDER PROTECTION PROTECTION DEVICES

OCCLUSION BALLOONS

- **GUARDWIRE**
- **> TRIACTIVE**
- GUARDIAN
- **>** THERON DEVICE

FILTERS

- ACCU NET
- > ANGIOGUARD
- **FILTER WIRE EX**
- **INTERCEPTOR**
- > NEUROSHIELD / NAV6
- > SPIDER
- **FIBERNET**
- GORE EMBOLIC FILTER
- **PROXIMAL PROTECTION**
 - > PAES
 - ► MOMA

MEDTRONIC KENSEY NASH ABBOTT VASCULAR

GUIDANT CORDIS BOSTON MEDTRONIC ABBOTT VASCULAR EV3 MEDTRONIC GORE

GORE INVATEC / MEDTRONIC

C.A.S. UNDER E.P.D.

IS IT EFFICIENT ?

WHAT IS THE BEST PROTECTION ?

. IS PROXIMAL PROTECTION BETTER THAN FILTER?

. ARE NEW TECHNIQUES (TRANSCAROTID ACCESS) PROMISING ?

SPECIFIC INDICATIONS ?

C.A.S. UNDER E.P.D.

IS IT EFFICIENT ?



C.A.S.

PROTECTED CAS VS UNPROTECTED CAS

METAANALYSIS 134 REPORTS 12263 PROTECTED CAS 1198 UNPROTECTED CAS
RELATIVE RISK (RR) FOR STROKE WAS 0,62
(95% CI 0,54 TO 0,72) IN FAVOR OF PROTECTED CAS
SIGNIFICANT BENEFIT FOR PROTECTED CAS IN
\$YMPTOMATIC PTS (RR 0,67 ; 95% CI 0,52 TO 0,56) p<0,05
ASYMPTOMATIC PTS (RR 0,61 ; 95% CI 0,41 TO 0,90)

EPD REDUCED THE RISK OF PERIOPERATIVE STROKE WITH CAS

GARG N. et al J ENDOVASC THER 2009; 16 :412 - 420

CREST STUDY PROTECTED CAS VS UNPROTECTED CAS

Death, Stroke and MI within 30 Days by EPS Usage (PP)



C.A.S. UNPROTECTED VS UNPROTECTED

PERSONAL EXPERIENCE 1204 CAS 30 DAY OUTCOMES

	UNPROTECTED	PROTECTED
Nbr	188	1016
DEATH / STROKE / MI	4.3%	0.8%
	P: < 0,05	

C.A.S. UNDER CEREBRAL PROTECTION IS IT EFFICIENT?

E. P.D. CAN NOT PREVENT ALL EMBOLIC EVENTS

2 TECHNIQUES TO DETECT BRAIN EMBOLISM

T.C.D. CAN DETECT EMBOLISM (H.I.T.S. , M.E.S.)

DW – MRI : A SENSITIVE TOOL TO IDENTIFY NEW CEREBRAL ISCHEMIC LESIONS



META ANALYSIS COMPARING DW – MRI LESIONS AFTER CAS &CEA

	Carotid stenting Carotid endarterectomy			OR (95% CI)			
	DWI positive	Total	DWI positive	Total			
Non-randomised studies							
Garcia-Sanchez 20049	4	10	1	10			6-00 (0-5367-65)
Flach 2004®	9	21	2	23			7-88 (1-46-42-61)
Roh 200510	8	22	1	26			14-29 (1-62-126-30)
Poppert 2006 ¹²	22	41	16	93		_	5-57 (2-46-12-61)
lihara 200611	32	92	13	139			5-17 (2-53-10-56)
Lacroix 2007 ⁵⁴	26	61	7	60			5-62 (2-20-14-36)
Faraglia 2007 ¹³	12	35	3	40		e	6-43 (1-64-25-27)
Tedesco 200715	24	34	1	30			69-60 (8-31-583-10)
Skjelland 2009 ¹⁶	6	28	2	30	<u> </u>		3-82 (0-70-20-79)
Subtotal (95% Cl)	143	344	46	451		•	6-71 (4-57-9-87)
Heterogeneity: χ^2 -6-43, df	-8 (p-0-60); P-0	9%				•	
Test for overall effect: Z=9	69 (p<0-00001)						
Randomised studies							
ICSS-MRI study	62	124	18	107			4-94 (2-67-9-16)
Total (95% Cl)	205	468	64	558			6-16 (4-45-8-54)
Heterogeneity: χ^2 -6-78, df	-9 (p=0-66); P=0	1%				-	
Test for overall effect: Z=10	0-92 (p<0-00001)						
				0-01	0-1	10 100	
					Favours carotid stenting	Favours carotid endarterectomy	

GREATER NUMBER OF DW- MRI LESIONS AFTER CAS IN FAVOR OF C.E A.

C.A.S. UNDER E.P.D.

WHAT IS THE BEST PROTECTION ?

2 ISSUES :

NEW ISCHEMIC LESIONSCLINICAL RESULTS

Study	Procedure	Embolic Protection	# subjects	% w/ New DWI Lesions
ICSS ¹	Transfemoral CAS	Distal filter (various)	51	73
ICSS ¹	CEA	Clamp, backbleed	107	17
PROFI ²	Transfemoral CAS	Distal filter (Embosheild)	31	87
Leal ⁵	Transfemoral	Distal Filter (FilterWire)	33	33
PROFI ²	Transfemoral CAS	Proximal occlusion (MoMA)	31	45
DESERVE ⁴	Transfemoral CAS	Proximal Occlusion (MoMa)	127	30
PROOF ³	Transervical CAS	High flow rate flow reversal	-48	16.7
Leal ⁵	Transervical CAS	Flow Reversal	31	12.9
1 Lancet Neurol. 201 2. J Am Coll Cardiol.	0 Apr;9(4):353-62 2012;59:1383-1389	4. Rubino P, Euro 5. JVS 2012;56:1	PCR 2011 585-1590	

3. JVS 2011;54:1317-1323

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C.A.S. UNDER CEREBRAL PROTECTION IS IT EFFICIENT?

NEW ISCHEMIC LESIONS

CEA AND TRANSCERVICAL ACCESS SEEM EQUIVALENT

NEW ISCHEMIC LESIONS ARE MORE FREQUENTLY SEEN AFTER C.A.S. AND AFTER C.A.S. UNDER FILTERS IN THE MAJORITY OF REPORTED SERIES EXCEPT FOR :

DE CASTRO ALONSO et al (CIRC. CARDIOVASC .2013) FILTERS BETTER THAN REVERSAL FLOW: 47,6 vs 15,8 %

► GOODE SD et al (JVIR 2013) HIGHER NUMBER OF NEW CEREBRAL ISCHEMIC LESIONS WITH FILTERS BUT HIGHER NUMBER IN CONTRALATERAL SITE WITH <u>REVERSAL FLOW</u>

C.A.S. UNDER CEREBRAL PROTECTION IS IT EFFICIENT?

WE DO NOT KNOW THE CLINICAL SIGNIFICANCE OF TCD DETECTED HITS AND NEW DW-MRI LESIONS

THEY ARE USED AS AN ARGUMENT AGAINST CAS !!

THE MAJORITY DOES NOT CAUSE NEUROLOGICAL DEFICIT

C.A.S. UNDER CEREBRAL PROTECTION DW- MRI STUDY

728 Pts UNDERGOING CAS UNDER EPD

NEW ISCHEMIC LESIONS ON DW MRI FOUND IN 32,8% OF CAS

AT A MEAN F.U. OF 766.8 DAYS

ASYMPTOMATIC CEREBRAL EMBOLIC EVENTS AFTER CAS HAVE NO PROGNOSTIC IMPACT

BIJUKLIC K et al 2013

C.A.S. VS C.E.A. MICROEMBOLIZATION / DWI - MRI

A SYSTEMATIC QUALITATIVE REVIEW OF THE LITERATURE COMPARING CAS & CEA DID NOT SHOW SIGNIFICANT DIFFERENCES IN OVERALL COGNITIVE FUNCTION

(PARASKEVAS Eur J Endovasc Surg 2014)



HOWEVER NEW ISCHEMIC LESIONS COULD BE A SIGNAL OF INCREASED RISK OF FUTURE STROKE OR TIA AT 5 YEARS

ICSS Substudy: <u>N = 231</u>

DWMRI +ve: 12/62

DWMRI -ve: 6/62

22.8% vs. 8.8% (p=0.04) HR 2.85 (1.05-7.720

BUT 60% OF PTS TREATED WITHOUT EPD

MAY BE A MARKER OF UNSTABLE ATHEROSCLEROTIC PLAQUES ? MORE AGGRESSIVE AND PROLONGED ANTIPLATELET THERAPY?

> BONATI L et al European Stoke Congress May 2013 GENSICKE H et al JACC 2015,65 : 521-529

C.A.S. VS C.E.A. MICROEMBOLIZATION / DWI - MRI

New Expanded AHA/ASA Consensus Definition of Stroke, May 2013

AHA/ASA Expert Consensus Document

An Updated Definition of Stroke for the 21st Century A Statement for Healthcare Professionals From the American Heart Association/American Stroke Association

The American Academy of Neurology affirms the value of this statement as an educational tool for neurologists. Endorsed by the American Association of Neurological Surgeons and Congress of Neurological Surgeons

- "Silent brain infarcts increase the risk of clinical infarction by 2 to 4 times in population-based studies"
- "...silent infarcts are associated with risk of Alzheimer disease as well as of vascular dementia."

Several studies have shown that patients with silent brain infarcts had a 5 times higher stroke incidence than those without.

C.A.S. VS C.E.A. MICROEMBOLIZATION / DWI - MRI

SIZE OF LESIONS AND NOT JUST LESION COUNT IS AN IMPORTANT CONSIDERATION.

DATA FROM ICSS STUDY DEMONSTRATES :

- ► <u>AFTER CEA</u>: FEWER, LARGER LESIONS
- AFTER CAS: GREATER NUMBER BUT SMALLER LESIONS

SUCH THAT CAS AND CEA HAVE EQUAL VOLUME OF DWI ABNORMALITIESAssociation of DWMRI Lesion Volume

NEUROLOGICAL EVENTS RATE DEPENDS ON DWI- MRI LESION VOLUMES





CEA / CAS \rightarrow **SAME RISK OF NEUROLOGICAL EVENTS**

C.A.S. UNDER E.P.D.

CLINICAL RESULTS



CLINICAL RESULTS FIBERNET (LUMEN/INVATEC) 30 DAY MAE : 3.0% EMBOSHIELD (ABBOTT) **30 DAY MAE : 1.8 %** ANGIOGUARD WORLDWILDE REGISTRY **30 DAY MAE : 4.4 % CREST STUDY 30 DAY MAE : 4.8 % PERSONAL SERIES (1016 Pts) 30 DAY MAE : 0.9%**



PROXIMAL PROTECTION

CLINICAL RESULTS

METAANALYSIS :2937 PTS (BERSIN RM 2012) D / S / MI : 2,25% ARMOUR TRIAL:257 PTS (MOMA DEVICE) **D** / S : 2,7 % **EUROPEAN MOMA TRIAL** MAE : 3.0 % **EMPIRE STUDY:245 PTS (GORE DEVICE) D** / **S** : 2,9% **NO DIFFERENCE WITH FILTERS**

C.A.S. UNDER E.P.D.

SPECIFIC INDICATIONS

SELECT EPD

C.A.S.

CEREBRAL PROTECTION TECHNIQUES

FILTERS > MOST OFTEN USED > SPECIFIC INDICATIONS Patients with contralateral stenosis or occlusion Poor collateral circulation Anastanosis between ICA, ECA, Vertebral territories

C.A.S. UNDER CEREBRAL PROTECTION PROXIMAL PROTECTION

INDICATIONS

LESIONS WITH HIGHER RISK OF EMBOLIC COMPLICATIONS

- FRESH THROMBUS LESIONS
- > ULCERATED LESIONS
- **LONG SUBOCCLUSIVE LESIONS . STRING SIGN**
- **HIGHLY FRIABLE UNSTABLE PLAQUES**
- **ECHOLUCENT PLAQUES WITH G.S.M. LESS THAN 25**
- > VULNERABLE PLAQUES

DIFFICULT ANATOMIES, VERY TORTUOUS I.C.A.







INSUFFICIENT LANDING ZONE FOR FILTERS

TRANS CAROTID C.A.S. WITH DYNAMIC FLOW REVERSAL ROADSTER IDE TRIAL • ENROUTE NEUROPROTECTION SYSTEM (SILK ROAD MED.CA.) • SHEATHS INSERTED IN COM. CAR. ART. AND FEM. VEIN CONNECTED THROUGH EXTERNAL TUBING

208 PTS ENROLLEDRESULTS

STROKE RATE COMPARABLE TO CEA ARM OF CREST STUDY

Table 1. Pivotal Arm Outcomes at 30 Days				
	Intention to Treat (n = 141)	Per Protocol (n = 136)		
Stroke, Death, and MI	3.5%	2.9%		
Major Stroke	0	0		
Minor Stroke	1.4%	0.7%		
Death	1.4%	1.5%		
MI	0.7%	0.7%		
Cranial Nerve Injury Overall Unresolved at 6 Months	0.7%	0.7%		

AN ALTERNATIVE IN PTS WITH UNFAVORABLE AORTOILIAC OR AORTIC ARCH ANATOMY AND HIGH RISK FOR CEA OR TRANSFEMORAL CAS

MALAS M. ISET MEETING 2015

STENTS : GOOD CHOISE AND CORRECT IMPLANTATION

STENT DESIGN CAN PLAY AN IMPORTANT ROLE IN PREVENTING DISTAL EMBOLIZATION AND THUS REDUCING THE INCIDENCE OF PROCEDURE-RELATED STROKE

STENT DESIGN

Open Cell Closed Cell









■CLOSED CELL STENT DESIGN → LESS EMBOLIC EVENTS THAN OPEN CELL

Delayed Stroke & Death At 1-30 Days Especially with Open Cell Stents

	Total population				
	Patients	All events	Post-p event	procedural s	
Open cell	937	39	32		
Closed cell	2242	51	29	2/3 of ev	ents
Total	3179	90	61	delayed	
Cell type					
Open cell		4.2%	3.4%)	
Closed cell		2.3%	1.3%)	
Total	3179	2.83%	1.9%	• •	

Bosiers et al. Eur J Vasc Endovasc Surg 2007;33:135

Increased Neurologic Events With Open Cell Stents SPACE Trial



Jansen O et al. Stroke 2009;40:841-846

CLOSED CELL STENT DESIGN INDICATED FOR UNSTABLE PLAQUES HIGH RISK EMBOLIC LESIONS



■ OPEN CELL STENT DESIGN → MORE PLAQUE PROTRUSION AND RISKS OF LATE EMBOLIC EVENTS ■ During Proc ■ Post-Proc & Pre Discharge ■ Post-Discharge





THE MAJORITY OF STROKES OCCUR POST PROCEDURE AND BEFORE DISCHARGE

<u>BUT</u> MORE FLEXIBLE THAN CLOSED CELL \rightarrow TORTUOUS ARTERIES



ROLE OF NEW STENT DESIGN:

MICROMESH STENT

NITINOL MEMBRANE COVERED STENT TO PREVENT PLAQUE PROLAPSE AND EMBOLIC EVENTS





GORE® Carotid Stent **The Next Generation**



- Open cell nitinol frame
- Closed cell 500 µ lattice on outside of frame
- Permanently bound CBAS heparin on all device surfaces



NO DATA



A novel carotid stent for sustained embolic protection

Carotid Artery Ste



CGuard[™] Carotid Embolic Prevention System Specifications

Device Features	
Stent type	Nitinol Self-Expanding
MicroNet Aperture Size	150-180µ
Guidewire	0.014"
Foreshortening	<10%
Sizes	Diameter(6mm-10mm) x Length (20mm – 60mm)
Delivery System (OD)	6F (2.1mm)



INSPIRE MD

CGuard[™] CARENET (<u>CAR</u>otid <u>E</u>mbolic protection using micro<u>NET</u>) Trial Design

Clinical Outcomes

30 PTS

	Post Procedure	Discharge	30 days
Device success	100%	NA	NA
MACE	0%	0%	0%
Death	0%	0%	0%
MI	0%	0%	0%
Stroke	0%	0%	0%

SCHOFER et al TCT 2014

CGuard[™] CARENET (<u>CAR</u>otid <u>E</u>mbolic protection using micro<u>NET</u>) Trial Design CARENET Comparison DW-MRI @ 24-48 hrs

	CARENET (Filter group) N=26	PROFI ¹ (Filter group) N=31	ICSS ² (Filter group) N=37
Incidence of New Lesions	48%	87%	73%
Avg Lesion Volume	0.06 cm ³	0.59 cm ³	NA

¹ JACC, April 2012 ² Lancet, March 2010

SCHOFER et al TCT 2014



NEUROPROTECTION

METICULOUS CLEANING OF THE DILATED AREA WITH ASPIRATION CATHETER OR GUIDING CATH. TO AVOID PROCEDURAL AND DELAYED EMBOLIC EVENTS



Pronto V3 ™



Quick Cat[™]

OR FIBERNET FILTER







CAS UNDER CEREBRAL PROTECTION

CHOICE REGISTRY CAS WITH OR WITHOUT ASPIRATION (20cc BLOOD) PRIOR RETRIEVAL EPD

 52 Pts WITHOUT ASPIRATION

 —> 4 MINOR NEUROLOGICAL DEFICITS THAT OCCURRED AT 24 H. AND RESOLVED AT 30 DAYS

42 Pts WITH ASPIRATION NO NEUROLOGICAL DEFICIT

POW FK TCT 2011

PHARMALOGICAL NEUROPROTECTION

ARMYDA – 9 CAROTID STUDY

CONCLUSIONS

> STRATEGY USING BOTH A 600 mg CLOPIDOGREL LOAD AND A SHORT TERM RELOAD WITH HIGH DOSE ATORVASTATIN (80mg) REDUCES PERIPROCEDURAL ISCHEMIC CEREBRAL EVENTS AND TIA / STROKE RATES AT 30 DAYS (0 % vs 9 %; P=0.02)



TEAM EXPERIENCE / LEARNING CURVE

C.A.S. AMERICAN STUDIES

MAE in high risk carotid stent IDE trials: 2002-2009 (n>4000)



IMPROVING RESULS OVERTIME



NEUROPROTECTION AND CAROTID INTERVENTION CONCLUSIONS

WITH ALL AMERICAN REGISTRIES AND RANDOMIZED STUDIES LIKE CREST STUDY WE HAVE ENOUGH REPORTED DATA TO SAY THAT C.A.S. UNDER PROTECTION IS A SAFE AND EFFICIENT PROCEDURE AND EQUIVALENT TO C.E.A.

BUT WE NEED

- **GOOD INDICATIONS**
- EXPERIENCED OPERATORS (AT LEAST 50 CAS?)
- GOOD NEUROPROTECTION
- **GOOD DEVICE SELECTION AND EPD**
- **ROLE OF NEW STENT DESIGN (MICROMESH)**