How to Treat Femoropopliteal Artery Diseases in 2015

Amir Motarjeme, M.D., F.S.I.R



Transluminal Treatment of Arteriosclerotic Obstruction

Description of a New Technic and a Preliminary Report of Its Application

By CHARLES T. DOTTER, M.D., AND MELVIN P. JUDKINS, M.D.

Method

Procedure

D ESPITE the frequency and importance of arteriosclerotic obstruction, current methods of therapy leave much to be desired. Nonsurgical measures, however helpful they may be, provide the patient little more than an opportunity to live with his disease. Consistent success in the use of surgical technics such as endarterectomy, angioplasty, and grafting has largely been confined to highly specialized vascular surgeons of whom there are far too few to cope realistically with literally millions of patients suffering the pain-

Prior angiographic survey of the abdominal aorta, its iliac branches, and the leg arteries, including those beyond the suspected primary block, is best done by retrograde catheterization of the opposite femoral artery, thus insuring a hematoma-free femoral region on the side to be treated. If an attempt appears indicated, the procedure, including its present experimental status, is fully discussed with the patient and specific permission is obtained. Oral anticoagulant agents are discontinued and barbiturate sedation is given at an appropriate time, Local anesthesia was used





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Transluminal Iliac Artery Dilatation

Nonsurgical Catheter Treatment of Atheromatous Narrowing

Charles T. Dotter, MD; Josef Rosch, MD; Janice M. Anderson, MD; Ruza Antonovic, MD; Mantred Robinson

By means of a reinforced balloon catheter, percutaneous transtuminal dilatation was used to treat 48 consecutive cases of atheromatous illac artery narrowing. With no deaths and little increase in the time and risk of diagnostic arteriography, the procedure was successful in more than 80% of cases, giving immediate luminal entargement and relief, as judget clinically, for up to six years, the maximum follow-up period. In properly selected patients, this technique should be used in preference to reconstructive vascular surgery.

(JAMA 230:117-124, 1974)

INTERMITTENT chadication in legs and buttocks, pain at rest, gangrene of the feet, and sexual impotence are among the clinical manifestations of atherosclerotic illac artery obstruction. Although supportive therapy and the development of collateral circulation may slow the progress of the disease, the best chance for relief has been through illust artery surgery. This report describes the technique and gives the results of transluminal iliac artery dilatation, a sonoperative alternative in surgical revascularization in which luminal enlargement is effected by a special halloon eatheter percutaneously introduced through the femoral artery.

Therapeutic Rationale

The rationale of transluminal dilutation is based on the physical and biological properties of the obstracting atherwarkous core.¹⁰ Unlike hypertrophicd mascle or fibratic scar times.

From the Department of Diagnostic, Raden orgy, University of Diagnos Medical Schules, Park and

Hagens requests to 3181 SW Sam Jackton Fark Rd. Portanal. OR UTDIT (Dr. Dorbat)

JAMA, Oct 7, 1974 + Vol 230, No.4.

the noncellular substance comprising the bulk of the mature athenomatous lesion is expable of retaining an insitu compression-remodeling that is achieved by foreing the lesion against the sorrounding outer actorial wall (Fig 1). Early predictions that forceful catheter dilatation would cause prohibitive plaque disbodgement and thrombous have into been borne suit Since transforming dilatation is applicable to atherosclerotic narrowings that can be traversed by a catheter, but not to complete orclusions, an informed decision to use it rests on the arteriographic and clinical assumment of the individual patient.

METHOD Caged-Balloon Catheler Dilator

Terrutaneous line artery dilatation requires an expansion extinctor dilator dimple halloon extinctors are not strong enough to achieve dilatation of most illue artery stenoses. An early design previoled the needed authority by means of a worse fiberglass abeat that encircled the halloot, but because of feared thrombogenicity, it was not used in patients." A similar approach to balloon reinforcement was accessfully put to elimical use by

Fig.1.-Mechanism of transforminal dilutation. Electrotic Numan (lett) is enterplat, not by resource, but by compressing athenomaticus core against outer anterial east (right)



THE Army Distantions Collins at at



Fig.2 — Caged-balloon olisting catheter, Longhudinal sists in No. 8 Franch outer catheter (hip) form a cage around expanded balloon (bottom), providing needed reinforcement and permitting up to threadnal inclusions in damater (3 to 9.3 mm, outpit di damater)

Fig.3 — Common litac steriosis, before (left) and a year after (right) percotaneous dilatation in 65-year-old man. Good luminal restriction with abortions of pressure gradiest. Despite pressures of complete sub-efficial ferroral artistry occlusion, itsa: artery dilatation was followed by complete relief at severe claudication and heating gargeresus too. Records of pull-out pressure (below respective anterlograms) show mappearance of pressure gradient after dilatation.



118 JAMA. Oct 7, 1974 + Val 230, No. 1

Porstmann' who expanded a halloon within a short segment of an outer catheter that had been slit longitude. nally so as to form a reinforcing care. in his words, a "Korsett Catheter" Our caged-halloon ratheter dilatation system includes a thick-scalled halboos mounted on a co-om long, 22. gauge metal cannula, terminated in a flexible, curved-tipped wire guide -Insertion of this ballout cannuls all the way into a presit No. a French outer catheter automatically passtions the halloon within its care 6 cm. from the end of the catheter (Fig 2). beyond which the guide prejocts and other 5 cm.

Procedure

The procedure is done under local anesthenia in the manner of retragrade diagnostic femoral catheterigntion. Up-to-the-minute control arteriograms are useful in planning These can be obtained by a separate diagnostic catheter inserted through a patent opposite femoral or axillars artery, with the advantage that fluerescopic contrast visualization can be used to facilitate the ensuing ratesgrade catheterization of the stenetic artery. Alternatively, control arteriography can be done through the symptomatic side, an approach requiring only one needle puncture, but calling for greater experience."

To begin the actual dilatation, a standard wire guide introduced into the femoral artery is gently maniputated upwards so as to traverse the stenusis. A small (No. 55 French) conventional polyethylens eathets passed over the guide can be used b measure the pressure gradient and, a not already done, to obtain a contra arteriogram. It is crucial that the ste music be regulated without forw, beschatheromatons prostration with Efforts to measure juiliant pressure are not made because of the risk s inity a transtendic pattern gatned with dishealty .:

Next, following the prophytectic intra-arbitrial injection of 2000 units of hepariti softway, the diagonatic suffictor is exclusivel over the guide for the No. 9 K sugre-sufficter. A thin shight of peryveter line placed around the range keeps is cloud during innertion and is then aligned lack out of

an Arberg Division Coldina of a



Medical Staff Information Bulletin ST. ANNE'S HOSPITAL

4950 W. THOMAS STREET . CHICAGO, ILLINOIS 60651 . (Mart 312) 378-7100

October, 1978

St. Anne's First Chicago Hospital To Perform New "Balloon Catheter Procedure ."

X-Rey shows right temoral whery prior to belloon catheterize tion treatment. Arrow points to plaque deposit obstruction narrowing the vessel to 2 nm and severely restricting provident to lower leg and fact.



After balloon dilatation, plaque has been pressed into arterial wall and kimm has been widened to 5 mm at point of treatment. Blood how has been increased to me extremity.

utsir Motarjeme, M.D., Chairman of the Department of siology, successfully performed a percutaneous transinal arterial angioplasty of the right superficial temoral bry on September 14, 1978 in St. Anne's Radiology partment. It was the first time the procedure had been te in the Chicago area, although much national publicity been given to a similar procedure performed on coronary tries at New York's Lenax Hill Hospital this past June.

x. Motarjeme accomplished the catheter dilatation treatnt on Mrs. Ruth O'Grady, 73, a patient of Chester J. aszka, M.D. with Paul Nattah, M.D. conauting. Mrs. arady a right femoral artery was 75% blocked by a plaque uiting in severely restricted circulation to the extremity. a patient complained of a cold right foot and a painful large er of the right ankle

s consultation, the three physicians determined on two arses of action: either to attempt surgical arterial bypass of ampt a radiologic procedure of inserting a balloon catheter. down the femoral artery to the point of blockage and inflating the balloon, thus pressing the plaque into the arterial wall. The latter course of action was decided upon and Dr. Motarjeme, in a 45 minute procedure, successfully dilated the artery from 2 mm to 5 mm in diameter increasing blood flow substantially to the lower leg and foot. The patient left St. Anne's Hospital on Friday, September 22, but Dr. Motarjeme reports a balloon catheter patient should be able to return home in 24 hours barring unforeseen complications. Mrs. O'Grady remained longer for observation of the dilatation and for treatment of her ulcerated ankle.

Radiologist Charles Dotter, M.D. of the University of Oregon, first introduced the idea of using a dilating catheter in angiography in 1963. Subsequently he reported successful dilatation of the stenotic arteries in many cases. In 1964 Dr Dotter and an associate. Melvin Judkins, M.D., saved a leg. destined for amputation by using the dilating catheter to overcome artenoscierotic narrowing in the femoral artery, a case similar to, but more severe than, the O'Gredy case. In fact, Dr. Dotter reported in one of his articles that 9 patients with 11 involved extremities had undergone transluminal therapy for arteriosclerotic ischemia of the leg. There were no deaths and 6 avoided amputations.

The procedure entitled administering a local anesthetic to the patient and elserting an angiographic catheter into the temoral artery. After injection of the Heparin the catheter is exchanged and a balloon catheter is inserted. The catheter is advanced until if passes the blockage area. The balloon is mflated pressing the plaque into the arterial wall and actually widening the arterial tumer. Experience in using this tech-nique shows that the chance of dislodgement of plaque fragments and possibly causing embolization, is simplet non-existent. Dr. Dotter suggests use of diletation in many small and medium sized arteries and coronary vessels. Research at the University of Gregon found that the best candidate had a segmental superficial femoral artery occlusion with all least some portion of the poptiesi artery and its branches open. Fruily there appears to be few or no adverse effocts from the procedure and serious bypess surgery can often be evolved. The chance for post-operative trauma, intection, orculatory complications and shock are induced or limited. Recuperative time and hospital stay time are shorter and the total cost is approximately 10% that of the pass surgery

























|--|



atzen Long Balloon Dilatation atheters with 10 cm long alloons for extended or multiple nort lesions.

loped in conjunction with Barry T. Katzen, Alexandria Hospital, Alexandria, VA. Motarjeme Tapered Balloon Dilatation Catheters with a unique tapered balloon profile for traversing tight lesions.

Developed in conjunction with Amir Metazienie, M.D., St. Anne's Hospital, Chicago, IL. Pre-Curved Republication Catheory
 Dilatation Catheory
 (< 1 cm) tips for patient safety.
 20 mm Balloory
 Catheters for lateration for late

Routine stent implantation vs. percutaneous transluminal angioplasty in femoropopliteal artery disease: a meta-analysis of randomized controlled trials.

Kasapis C,Henke PK, Chetcuti SJ, Koenig GC, Rectenwald JE, Krishnamurthy VN, Grossman PM, Gurm HS. Ten Randomized trials 9-24 months follow-up

- Stents
- Mean Lesion Length

724 Limbs45.8 mm.718 Limbs

- PTA with Provisional 718 Limbs stenting
- Mean Lesion Length 43.3 mm.

Conclusion

Despite the higher immediate success, routine stenting was not associated with a significant reduction in the rate of restenosis or TVR. Our data do not support use of stenting as the primary endovascular treatment for short SFPA lesions.











SilverHawk device





12-month Freedom From Target Lesion Revascularization





DEFINITIVE LE Conclusions

- Largest independently-adjudicated study of peripheral atherectomy performed to date
- Directional atherectomy is safe & effective at 12 month

 Effective for short, medium and long lesions in claudicants & CLI patients
 -83% Patency in SFA (4-10cm) in claudicant patients

-78% Patency in Infra-popliteal (6.0cm) in CLI patients

-95% Limb Salvage in CLI patients

- -Distal embolization requiring intervention rate of 1.6% independently adjudicated is low and proves safety of SilverHawk for the treatment of infra-inguinal arterial disease. Further, all complication rate needing treatment is 7.6%.
- Diabetics perform equally well when treated with directional atherectomy to non-diabetics for claudicants

- 67 y/o diabetic woman
- with CLI, ischemic
- ulcer of the right
- foot.



























Lower Extremity Arterial Stenting

Stenting of the femoral-popliteal artery is increasingly being used in conjunction with other endovascular treatments Lower Extremity Arterial Stenting The procedure volumes forecast for lower extremity arterial stenting



Lower Extremity Arterial Stenting

294,800



Iliac (64.4%)

Femoral-popliteal (29.9%)

Infrapopliteal (5.75%)

SFA Trials

- Complete SE..... SE Stent (Medtronic)
- Superb Supera (Idev)
- Durability II.....Protégé (ev3)
- Stroll.....Smart (Cordis)
- Viper.....Viabahn (Gore)
- VibrantViabahn & Bare Stent (Gore)
- Fast Luminexx (Bard)
- Fact.....Conformexx (Bard)
- Resilient Life Stent (Edward)
- Zilver..... Zilver (Cook)

In-stent Restenosis

SFA Trials	1 Year	2 Year	3 Year
Complete SE	23.3 %	-	-
Superb	31.7 %	-	-
Durability II	20 %	36%	53%
Stroll	24%	40%	-
Viper	18%	22.9%	-
Vibrant	12%	21.1%	-
Fast	37%	45%	-
Fact	37%	-	-
Resilient	21%	33%	43%
Zilver	48%	64%	81%

Treatment Options For In-stent Restenosis

- Balloon Angioplasty
 - GOB
 - Cutting Balloon
 - Polar Cath (Cryoplasty)
 - Drug Eluting Balloons
- Laser
- Restenting (Drug Eluting Stent)
- Atherectomy
- Covered Stent graft

Excimer Laser with Adjunctive Balloon Angioplasty and Heparin-Coated Self-Expanding Stent Grafts for the Treatment of Femoropopliteal Artery In-Stent Restenosis: Twelve-Month Results From the SALVAGE Study

Laird JR, Jr., Yeo KK, Rocha-Singh K, et al. Catheter Cardiovasc Interv 2012 mar 15.

Salvage Study

Patients27100%Technical Success27100%Complication311%Available for follow up2385%12 month primary Patency11/2348%

Laird JR, Jr., Yeo KK, Rocha-Singh K, et al. Catheter Cardiovasc Interv 2012 mar 15.

RELINE; Clinical Trial

Heparin-bonded Viabahn endoprosthesis vs. standard angioplasty balloon for treatment of in-stent restenoses

RELINE Study

Randomization of 83 patients with In-Stent Restenosis to PTA alone (44) and Viabahn endoprosthesis (39)

M. Bosiers, M.D., Presented at LINC 2013, Leipzig

The Reline Trial

6 month Primary Patency

Viabahn94.7%PTA60.5%

M. Bosiers, M.D., Presented at LINC 2013, Leipzig
Superiority of Stent-Graft for In-Stent Restenosis in the Superficial Femoral Artery: Twelve-Month Results From a Multicenter Randomized Trial

Marc Bosiers, MD, Koen Deloose, MD, Joren Callaert, M.D., et al



Lower Extremity Arterial Stenting 2005 – 2010

Patients 599 100%
 Restenosis 176 30%
 Treatments

 PTA 113 64%
 Atherectomy & PTA 63 36%

Treatment of In-Stent Stenosis with Covered Stents



Conclusion

 Treatment of in-stent restenosis with covered stents is associated with a patency rate superior to other treatment modalities, eg, PTA, Atherectomy and Restenting





























One-Year Patency



103 / 119 limbs available for follow-up at 12 months

57-year-old male Complaining of claudication of the left leg



Treatment Plan

 Atherectomy and PTA of pre-decided segment followed by implantation of the covered stent.





































PAD







Drug-Coated Balloon Versus Standard Percutaneous Transluminal Angioplasty for the Treatment of Superficial Femoral and Popliteal Peripheral Artery Disease 12-Month Results From the IN.PACT SFA Randomized Trial

Conclusions: In this prospective, multicenter, randomized trial, DCB was superior to PTA and had a favorable safety profile for the treatment of patients with symptomatic femoropopliteal artery disease.

DOI: 10.1161/Circulationaha.114.011004 Gunnar Tepe, MD; John Laird, MD; Peter Schneider, MD, et al Meta-Analysis of Drug-Eluting Balloon Angioplasty and Drug-Eluting Stent Placement for Infrainguinal Peripheral Arterial Disease.

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How to Treat Femoropopliteal Artery Diseases in 2015

- 1) D C B Angioplasty
- 2) Atherectomy + D C B
- 3) Atherectomy + D C B + Provisional Stent
- 4) Atherectomy + Balloon Angioplasty and
- Covered Stents

• Amir Motarjeme, M D. F.S.I.R.























LT. SFA CTO 65 Y/O MAN, COMPLAINING OF **CLAUDICATION OF THE LEFT** LEG, FOR THE PAST THREE MONTHS



LEFT SFA CTO THE COLLATERAL **ARTERIES ARE SMALL** AND NOT WELL **ESTABLISHED**

THE DISTAL RUN OFF IS FUZZY AND



LT. SFA CTO **AN INFUSION** WIRE AND CATHETER **IS INSERTED INTO THE** SFA'S ORIGIN AND **INFUSION OF** tPA ONE MG/HR WAS STARTED.



LT. SFA CTO POST **THROMBOLYSIS** (12 HRS) ARTERIOGRAM SHOWES **CLOTLYSIS AND** PATENCY OF THE SFA DOWN TO THE **ADDUCTOR** CANAL.


LT. SFA CTO ANGIOJET THROMBECTOM Y IS USED FOR RESIDUAL CLOTS.



LT. SFA CTO **POST PTA** ARTERIOGR **AMAND STENT** DEPLOYME NT



LT. SFA CTO **A FINAL ARTERIOGRA M SHOWES** PATENT SFA AND POPLITEAL **ARTERIES** WITH LIMITED **STENTING**





Transluminal Treatment of Arteriosclerotic Obstruction

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Method

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12-month Freedom From Target Lesion Revascularization





10-15-1978

- 55 y/o female
- complaining of
- of intermittent
- claudication







IN.PACT Amphirion Paclitaxel Eluting Balloon Versus Standard Percutaneous Transluminal Angioplasty for Infrapopliteal Revascularization of Critical Limb Ischemia: Rationale and Protocol for an Ongoing Randomized Controlled Trial

> Trialsjournal.com Trials 2014,15-63 Zeller et al.

Key Study Endpoints							
Claudicants	Primary Endpoint: Primary Patency at 12 months (PSVR <3.5)		Secondary Endpoint: Primary Patency at				
			12 months (PSVR <2.4)				
	Patency	LL (cm)	Patency	LL (cm)			
All (n+743)	82%	7.5	78%	7.5			
Diabetic	80%	7.6	77%	7.6			
Non-Diabetic	83%	7.4	78%	7.4			

CLI Primary Endpoint: Freedom from Major Unplanned Amputation of the Target Limb at 12 months Stent Placement vs. Balloon Angioplasty for Popliteal Artery Treatment: Two-Year Results of a Prospective, Multicenter, Randomized Trial

Alijoscha Rastan, MD, Hans Krankenberg, MD, Iris Baumgartner, et al



Balloon Coated Balloon with Pactitaxel

Pactitaxel interferes with cell division after DNA replication, and the end result is a cytotoxic effect that limits intimal hyperplasia Meta-Analysis of Drug-Eluting Balloon Angioplasty and Drug-Eluting Stent Placement for Infrainguinal Peripheral Arterial Disease.

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Drug Eluting Balloon



Atherectomy

Indications **Stand alone treatment** (short SFA and popliteal lesions) **Arterial bifurcations** (saddle back stenoses) **Common femoral artery Popliteal trifurcation In-stent stenoses Infrapopliteal arteries in CLI Avoiding stent**

Treatment For In-stent Restenosis

Patency after PTA

▶ 1 – 19 month
Midian; 6 month

Patency after atherectomy
▶ 2 – 28 month
Midian; 12.3 month

Unpublished data of Midwest Vascular Institute of IL

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Patency after atherectomy
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Treatment of In-Stent Restenosis with Covered Stents 2005-2012 PT 100% 42 57% Male 24 **Diabetics** 19 45% Claudication 57% 24 CLI 43% 18 33% Stenoses 14 Occlusions 28 67% Atherectomy 27 64%

Viabahn/Hemobahn Data From Studies Treating SFA Disease

Study	SG-Treated Limbs	CLI, %	Oclusions %	Success %
Lammer 2000	80	62	62	100
Bauermeister 2001	35	100	100	100
Deutschmann 2001	18	28	28	94
Railo 2001	15	66.7	66.7	100
Bray 2003	59	53	53	95
Jahnke 2003	52	82.7	82.7	100
Daenens 2005	40	62.5	62.5	100
Fischer 2006	60		87	98
Kedora 2007	50	NS	NS	100
Saxon 2003 2007	87	42	42	100
Hartung 2005/Alimi 2008	102	62	NS	100

Covered Stents in CLI

Patient treatedwith covered stent335CLI9027%

Covered Stents in CLI

Covered Stents

- Wallgraft (1997,BSC)
- Fluency (2003,Bard)
- Viabahn (2005,Gore)

Covered Stent For Diffuse SFA Disease

A RECIPE FOR SUCCESS

- Debulk the diseased SFA segments
- Avoid PTA of the popliteal artery
- Cover the immediate collateral arteries to eliminate competitive flow
- Do not leave any treated lesion uncovered
- Extend the covered-stent to the origin of SFA if it is needed

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DRUG ELUTING BALLOON

2015



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